



E.S LORDS INTERNATIONAL SCHOOL

Affiliated to CBSE 1930960 - SENIOR SECONDARY SCHOOL

JOURNAL LORDS



FEBRUARY JOURNALORDS

SECRETARY VISTA



Integrated Schooling at E.S Lords From VI - XII Grade

Experience the future of education with our Integrated Coaching (IG) program. We go beyond traditional teaching, igniting a passion for learning and shaping the leaders of tomorrow. At E.S. Lords International School, we inspire and prepare students for a world of scientific possibilities. Join us on this exciting journey of discovery and growth in our IG program!

45 Days NEET Crash Course at E.S Lords

We're organizing a 45-day Free NEET Crash Course to all NEET aspirants, Including both state and CBSE students. The course will be led by (NEET/JEE) instructors with 15-20 years of experience from Chaitanya/Narayana Institutions in Andhra Pradesh. It's scheduled to run from March 24th to May 3rd, 2024.

Enroll in our IG program at E.S. Lords International School for an inspiring journey of scientific discovery and growth.

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E.S LORDS INTERNATIONAL SCHOOL

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Mont Annual Day

What do you get when you mix poetry, dance, drama, and a sprinkle of excitement? A school event that's not just an event but a carnival of creativity and fun!. The day kicked off with a soul-stirring prayer song setting the tone for an extravaganza filled with talent galore. The invocation dance swoops in like a whirlwind, gracefully inviting everyone to the spectacle.

Hold onto your seats because the welcome address isn't your usual spiel –it's a rollercoaster ride of enthusiasm, prepping you for what's to come. And just when you think you've seen it all, bam! The welcome dance bursts in, electrifying the atmosphere. But hey, it's not just about the big kids–the Mont-I crew struts their stuff with a dance that's cuteness overloaded. And who knew English poetry could be this entertaining? Trust me, it's a riot!

Fasten your seatbelts because the skits of Mont-II are a comedy rollercoaster, English and Tamil–it's laughs galore! Then, brace yourselves for a mashup dance that's like a whirlwind of rhythms. Finally, prizes rain down like confetti, and the vote of thanks wraps it all up–a day filled with talent, laughter, and memories that'll last a lifetime.







Heartwarming Farewell

Grade XII Bids Adieu with Joy and Emotions
Amidst laughter, tears, and endless memories, the farewell for Grade XII was an unforgettable blend of emotions and celebrations.



The vibrant event witnessed the seniors cutting a cake and savoring delightful treats, savoring the last moments of camaraderie. The highlight was The Grade XI students took center stage, delighting everyone with not one, but two electrifying dance performances. The stage came alive with their talent, adding a touch of rhythm and cheer to the evening.



As the evening progressed, heartfelt wishes poured in from teachers and fellow students, evoking bittersweet emotions. Embracing nostalgia, the Grade XII students found themselves overwhelmed with gratitude.



They expressed their heartfelt thanks to their juniors, teachers, and the school for an incredible journey filled with support and guidance. Tears welled up, hugs were exchanged, and amidst a flurry of emotions, the evening came to a close. The farewell wasn't just a goodbye; it was a beautiful tapestry woven with laughter, love, and cherished memories that will linger forever in the halls of our E.S Lords International School.



Hall ticket distribution for Grade X, XII students:



Special Pooja for Grade X and XII Students Ahead of Board Exams In anticipation of the crucial board exams for Grade X and XII students, a special Pooja ceremony was meticulously organized.

This auspicious event aimed to provide spiritual encouragement and blessings to our students as they prepare for these significant academic milestones. The ceremony was conducted with reverence and solemnity, offering prayers for their success and well-being.

Following this meaningful Pooja, a pivotal moment unfolded as the hall tickets were distributed. Our esteemed Secretary Madam graced the occasion, symbolizing support and encouragement from the school's leadership. Her presence added significance and motivation to this ceremonial distribution, marking an important step towards the board examinations.

This thoughtful initiative highlights our commitment to nurturing not just academic excellence but also the holistic well-being of our students. The spiritual guidance and support received during this Pooja, combined with the distribution of hall tickets by our Secretary Madam, serve as catalysts, inspiring confidence and fortitude in our students as they embark on this academic journey.

POSITIVE PARENTING

- **Parenting Philosophy:** It's about creating an environment where kids grow resilient, flourish intellectually, and thrive emotionally.
- **Tips for Stubborn Kids:** Offer guidance like sunlight nurturing a young sapling for a vibrant future.

Understanding Your Child

- **Reasons Behind Behavior:** Every action has a message; understanding the 'why' behind their behavior helps decode their needs.
- **Empathy and Communication:** Empathy connects; effective communication bridges hearts and minds.

Setting Clear Expectations

- **Consistency in Rules:** Stability and security come from predictable rules and consequences.
- **Age-Appropriate Language:** Clarity in simple language helps kids understand expectations better.

Positive Reinforcement

- **Praise and Rewards:** Acknowledgment fuels confidence and self-worth, celebrating efforts and accomplishments.
- **Avoiding Negative Reinforcement:** Negative approaches dim positive progress; encouragement works better than scolding.

Active Listening

- **Paying Attention:** Engage fully to understand your child's thoughts and feelings, building trust and a stronger bond.
- **Practical Tips:** Dedicate uninterrupted time, eliminate distractions, and validate their emotions.

Problem-Solving Together

- **Involving Your Child:** Empower kids by involving them in finding solutions, building their problem-solving skills.
- **Teaching Problem-Solving:** Identify issues, explore solutions, evaluate choices, act, and learn from outcomes.

Time-Outs and Cool-Down Strategies

- **Effective Use of Time-Outs:** It's a pause button, not a punishment, used to cool off and communicate.
- **Teaching Emotional Regulation:** Acknowledge feelings, label emotions, practice breathing exercises, and encourage mindfulness.

Conclusion

- **Embracing Positive Change:** Every challenge is an opportunity; embracing change propels personal and collective growth towards a better future.

Aggression and violence:

Aggression is especially a concern with adolescent boys. Young boys start to develop muscles, grow tall and have a coarser, manly voice. In addition to that, they are moody and vulnerable and can let others get under their skin.

- Adolescent boys can get into fights at school.
- Worse, they could start bullying others, which is a major problem that adolescent boys and girls have to deal with.
- Boys may fall into bad company and be drawn to acts of violence, vandalism, and aggression. They could be easily swayed to own or use a firearm or a weapon too.
- Impulse acts of violence can lead to serious consequences, including death. According to the WHO report, interpersonal violence causes around 180 adolescent deaths around the world.
- Teenage girls are likely to suffer violence or aggression by a partner.

Solution

Children tend to imitate what they see at home. The following remedies for problems of adolescence will help abate aggression, violence and related issues.

- Teach your children to be kind and considerate. Nurturing relationships at home can help them become less aggressive.
- Prevent access to firearms and alcohol early to prevent violence.
- Teach them life skills and the importance of compassion. Lead them by being their model.
- Avoid exposing them to violent stories, games or movies at an age when they cannot differentiate between what is right and wrong.
- Make them try alternative ways, such as going for a run, doing yoga or using a punch bag, for venting out their anger. This way, they understand that it is alright to be angry but how they deal with it makes all the difference.
- Teach them to introspect from their pre teen years, so that even in adolescence they can introspect and identify their the reasons for their anger.

Ask them to partake in voluntary activities such as helping the visually impaired students, NGO's and orphanages.

Children's awareness

Teaching kids about important identification cards like Aadhar and Pancard can be fun and interesting:

Aadhar Card: It's like a super special ID card! Just like superheroes have unique powers, each person gets a special number that's only for them. It helps the government know who we are and is super important for lots of things, like opening a bank account or getting a new SIM card for your phone.

PAN Card: Think of it as a secret code! This card helps the government keep track of the money stuff. It's like a special code that grown-ups use when they earn money, pay taxes, or even buy or sell really cool stuff. It's essential for doing big money things and being responsible with it. Teaching about these cards can be like discovering secret tools that help us be responsible and do important things as we grow up!

Activity

Hey there, superstars!

Imagine you're the hero of your own adventure, equipped with a special list that's your secret weapon in tricky situations.

This month's mission for you and your awesome parents is to create this incredible list together!

- 1.Dad's number
- 2.Mom's Number
- 3.Near by family member's number
- 4.3 Neighbours number
- 5.Police number
- 6.Ambulance number
- 7.Nearby Hospital number
- 8.Grandparents number
- 9.Fire engine

This will come in handy when you encounter a mishap.

English Quiz

Fill in the blank with the appropriate preposition:

1. "She found the treasure ____ the sand."

a) at b) in c) on

2. "The bird flew ____ the tree."

a) over b) into c) beside

3. "The cat is ____ the roof."

a) on b) in c) under

4. "He's waiting ____ the bus stop."

a) on b) at c) by

5. "The pen is ____ the notebook."

a) in b) under c) between

6. "The cat is ____ the box."

a) on b) in c) under

7. "The book is ____ the shelf."

a) in b) over c) below

8. "The painting is ____ the wall."

a) at b) on c) beside

9. "She walked ____ the bridge."

a) in b) on c) above

10. "The keys are ____ the table."

a) under b) over c) between



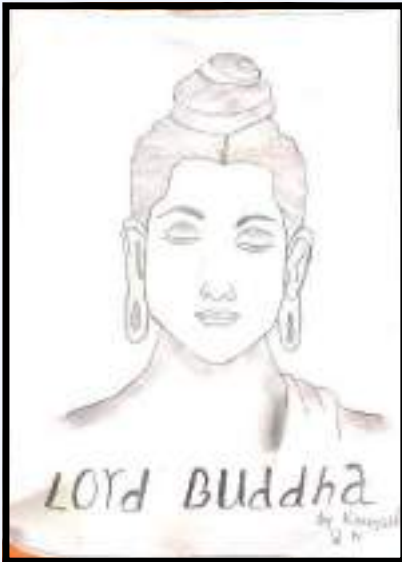
Student's Corner



AGASTHIYA - VA



SHARMISTHA-VA1



Kavyashree-VA1



HARISH VARJUN-IVA1



PRIYADHARSHINI- VA1



DHARUNIKA SREE-VAI



RUKSHA-VAI



ARSHAWARTHINI-VAI

Achievers



Star of the Month

Grade I-A1

E.PRAGATHI

Grade I-A2

B.R.KAMALISHKA

Grade II-A1

K.KAVIPRANESH

Grade II-A2

R.J.VARSHINI

Grade III-A1

A.MUGAMMED ABRARULHAQ

Grade III-A2

S.K.GURUSHARAN

Grade IV-A1

S.ANMOL AARUDHRAN

Grade IV- A2

S.NANCY METTILDA

Grade V-A1

V.KAVEENKUMAR

Grade V-A2

S.U.ANUSRI

Grade VI-A1

S.BHUVANESH

Grade VI-A2

S.SRIMATHI

Grade VII-A1

B.DHIVYA SHRI

Grade VII-A2

S.SARAN

Grade VIII-A1

H.KEERTHIGA

Grade VIII-A2

B.GAYATHRI

Grade IX-A1

K.YOGESH

Grade IX-A2

P.VANISRI

Grade X

SALOME ALICE

Grade XI

M.SAGHANA

Grade XI-C

K.PAVATAARANI

Grade XII

M.SANJAY NACHIAPPAN

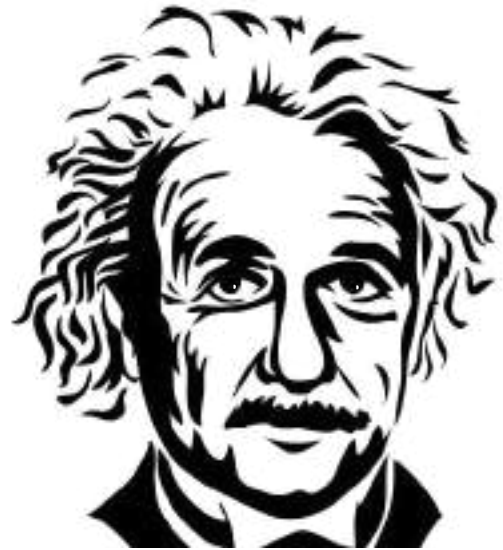


Name: _____ Date: _____

Albert Einstein

Cryptoquote

DIRECTIONS: Each distinct letter in the original quote has been substituted with another letter from the alphabet. (Hint: Solve any single letter words first. In English the only single letter words are A and I.)



BRWU HQE MDW VQEDOJUF M

UJWV FJDY MU RQED ZWWKZ YJCW

M ZWVQUI. BRWU HQE ZJO QU

M DWI-RQO VJUIWD M ZWVQUI

ZWWKZ YJCW MU RQED. ORMO'Z

DWYMOJSJOH.

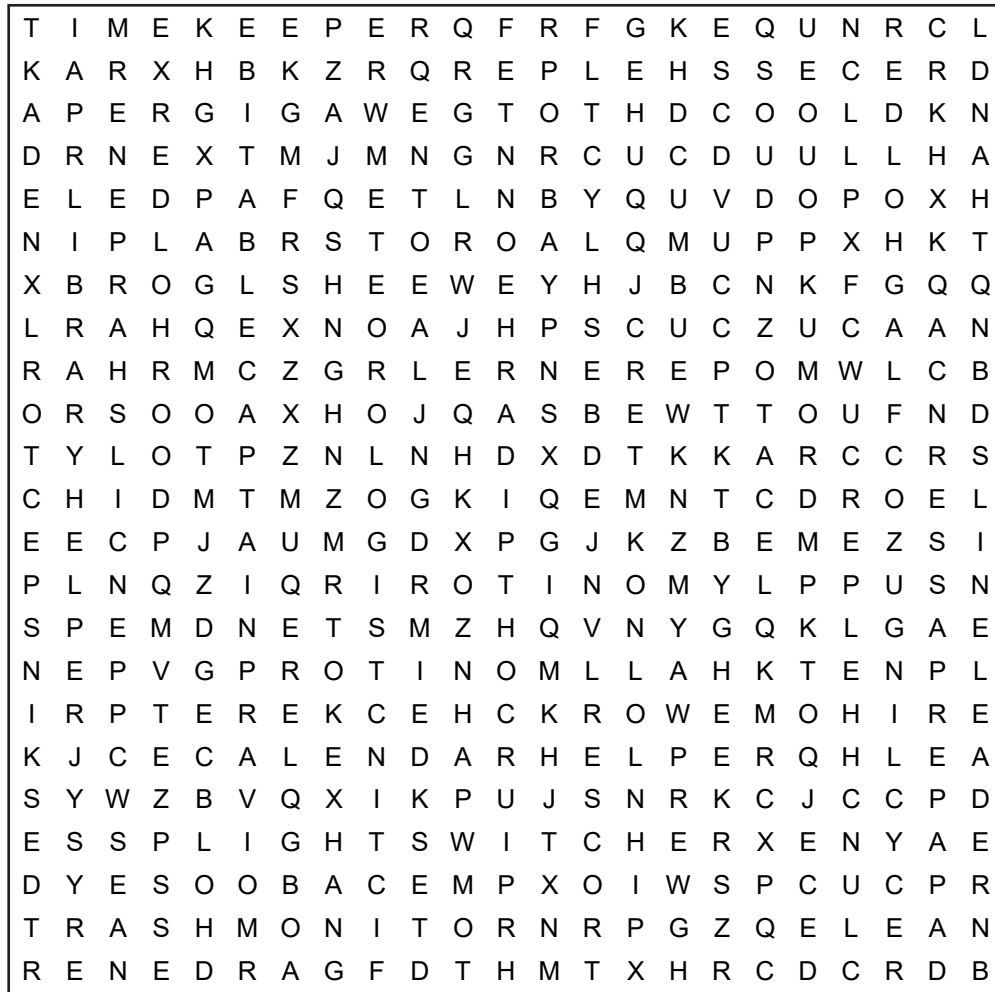
A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
			R													0									

Name: _____ Date: _____

Classroom Jobs

Word Search

DIRECTIONS: Find and circle the vocabulary words in the grid.
Look for them in all directions including backwards and diagonally.



CABOOSE
CALENDAR HELPER
DATE CHANGER
DESK INSPECTOR
DOOR HOLDER
ESCORT
FLAG HOLDER
GARDENER
HALL MONITOR

HAND
HOMEWORK CHECKER
LIBRARY HELPER
LIGHT SWITCHER
LINE LEADER
LUNCH HELPER
MESSENGER
METEOROLOGIST
PAPER PASSER

PENCIL SHARPENER
PET KEEPER
RECESS HELPER
RECYCLING
SUPPLY MONITOR
SWEEPER
TABLE CAPTAIN
TIMEKEEPER
TRASH MONITOR



Magic Squares

Name: _____ Date: _____

Fill in grids so that each column, row and diagonal add up to the given sum.

The sum is 34.

			1
	11		14
3	10		
	5	9	4

The sum is 102.

48			
	30	33	24
			36
	45	42	3

The sum is 136.

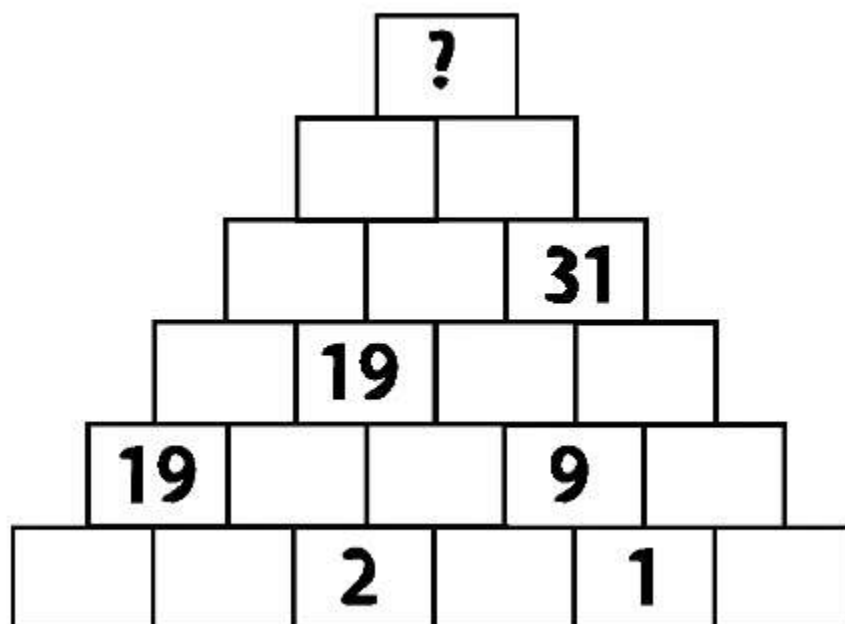
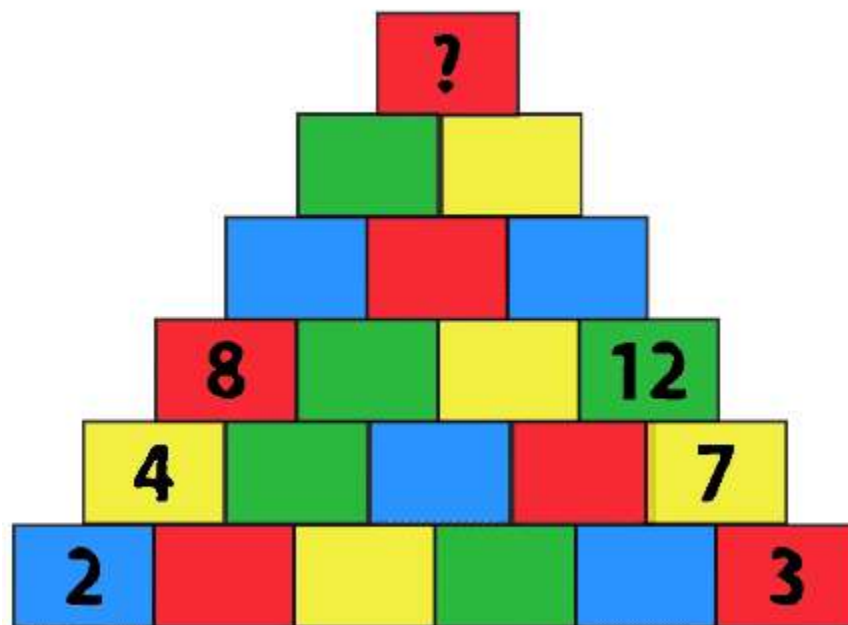
		48	4
8			56
	40		
	20	36	16

The sum is 102.

	42		
36	21	18	
24	33		
39			48

Name: _____ Date: _____

Can you figure out what the top number each pyramid is?
Add each pair of blocks together to find out the number that
appears in the block just above them.





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E.S MATRIC HR.SEC SCHOOL

E.S LORDS NURSERY

E.S LORDS INTERNATIONAL SCHOOL

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FROM VI - XII

CBSE

- Group A - English ,Maths, Physics, Chemistry,Biology
- Group B - English ,Maths, Physics,Chemistry,Comp.sci/ Phy.edu
- Group C - English , Physics, Chemistry,Biology,Comp.sci/ Phy.edu
- Group D - English ,Bus.Studies, Accountancy,Economics,Maths, Comp.sci/Phy.edu

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INTEGRATED COURSES

- **JEE & NEET** (Phy,Chem,Math,Bio)
- **JEE [MAIN]** (Phy,Chem,Math)
- **NEET** (Phy,Chem,Bio)
- **CA FOUNDATION** (Acc,Eco,B.S)
- **EARLY LEAD VI - IX**
(NEET / JEE FOUNDATION COURSE)

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OPEN**
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Course**

For all NEET Aspirants

45 DAYS

BOTH

@ ES Lords

State & CBSE Board

Conducted by 15-20 yrs experienced
(JEE/NEET) Staff from
Chaitanya / Narayana Institution, AP



24 Mar, 2024 - 3 May, 2024

9 am to 5 pm

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Regular registered participants will have free access to 1000s of NEET / JEE questions
(with self learning, self- evaluation and instant worked out solutions)during the course.

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95669 11247, 95780 62932**



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