



E.S LORDS INTERNATIONAL SCHOOL

Affiliated to CBSE 1930960 - SENIOR SECONDARY SCHOOL

JOURNAL LORDS



MARCH JOURNALORDS

SECRETARY VISTA



Experience the future of education with our Integrated Coaching (IG) program. We go beyond traditional teaching, igniting a passion for learning and shaping the leaders of tomorrow. At E.S. Lords International School, we inspire and prepare students for a world of scientific possibilities. Join us on this exciting journey of discovery and growth in our IG program!

Our IG Program Highlights:

1. Collaborative Group Discussions: Students develop communication and teamwork skills through scientific debates.
2. Role Play for Empathy: Role-playing fosters empathy and a deeper understanding of scientific concepts.
3. Real-World Case Studies: Students solve practical challenges, applying math and science principles.
4. Seminars for Future Leaders: Delve deep into research, present findings, and engage in discussions.
5. Interactive Quizzes: Engaging quizzes keep minds sharp and absorb scientific knowledge.
6. Hands-On Lab Activities: Labs bring scientific theory to life, nurturing a love for discovery.
7. Guest Speakers and Experts: Students gain valuable insights beyond the classroom.
8. Debate Skills: Sharpen persuasion and critical thinking while advocating scientific viewpoints.
9. Dynamic Idea Exchange: Encouraging independent thinking and collaboration.
10. Artistic Concept Drawing: Visualizing scientific ideas through creativity.

Enroll in our IG program at E.S. Lords International School for an inspiring journey of scientific discovery and growth.

STUDENTS EDITORIAL BOARD

EDITOR

V. MATHIVADHANI XI

R. NIRANJANA IX - A2

R. RACKSHANA IX - A1

SUB-EDITOR

S. KARTHICK XI, V. ATHITHYA XI

S. P. BHARATHI IX - A2,

T. CHANDRA VADHANA IX - A1

CONTENT

- 🎯 Women's Day Celebration
- 🎯 Mont II Graduation Day
- 🎯 Finance
- 🎯 Parenting Tips
- 🎯 Cyber Safety
- 🎯 Students corner
- 🎯 Awareness Quiz
- 🎯 Quiz and Crosswords

Owned and Published by

E.S LORDS INTERNATIONAL SCHOOL

This is not sale. Only for Private Circulation.

4/202, Trichy Trunk Road, Salamedu
Villupuram - 605602

Contact : 9486804574 - 9487152474

WOMEN'S DAY CELEBRATION:



The Women's Day celebration at our institution was adorned with the elegance of a small yet enchanting dance, marking the commencement of a new academic session. Amidst an ambiance of anticipation, the event was graced by our esteemed Secretary Madam, whose address resonated with wisdom and guidance.

Her compelling address not only highlighted the significance of education for Woman but also emphasized the pursuit of excellence and character-building. Her words echoed through the hearts of all present, inspiring a collective drive toward success.

Following Secretary Madam's impactful speech, the students, both girls and boys, took the stage, each showcasing their distinctive talents through captivating dance performances. The graceful movements of the female students exuded finesse and poise, captivating the audience with their artistry. Simultaneously, the male students exuberated energy and enthusiasm, their synchronized steps painting a vibrant picture of unity and coordination.

The evening, a harmonious blend of culture, intellect, and talent, embodied the spirit of our institution - fostering holistic development and nurturing talent. It was a testament to the synergy between academia and extracurricular endeavors, setting a promising tone for the academic journey ahead.





Mont II Graduation day



The Mont-II graduation day was an uproarious spectacle of joy and merriment! Our miniature scholars, adorned in their adorable academic regalia, were as charming as ever. caps slightly askew and gowns draping past tiny feet, yet each child wore their outfit like a superstar, beaming with pride that could light up a galaxy.

Our secretary Madam, fondly known as the "Certificate Fairy," took the stage, wielding certificates like magical scrolls, bestowing upon each child their badge of honor. The room reverberated with cheers and applause as she navigated through the sea of giggles and excitement, handing out certificates with a flourish that rivaled a magician's wand.

Amidst the cheerful chaos, the little graduates paraded across the stage. Some executed perfect waves to proud parents, while others blew kisses to stuffed animals, each moment a charming anecdote in the anthology of childhood joy.

As caps were tossed, some soared sky-high while others landed in a comical jumble. But regardless of trajectory, they heralded the start of infinite escapades for these tiny graduates.

Mont-I & II, equipped with certificates and grins as wide as the horizon, embarked on their thrilling journey through the corridors of knowledge, each step a whimsical adventure awaiting their curious minds.

Finance:

Tips for Talking to Kids About Money Based on Age Groups:

Preschoolers (Ages 3-5):

Use toys, playtime, and simple explanations to teach the value of money and the concept of saving.

Elementary School (Ages 6-10):

Introduce the idea of allowances and involve them in simple family budgeting, encouraging them to save for specific goals.

Tweens and Early Teens (Ages 11-14):

Teach banking basics, involve them in personal budgeting, and introduce the idea of earning money through part-time jobs.

High Schoolers (Ages 15-18):

Cover more advanced financial concepts like credit cards, loans, investing, and long-term financial planning.

Budgeting Basics and Activities for Kids:

Start with Basics: Explain income, expenses, and the importance of saving for future needs.

Define Goals: Sit with kids to set saving goals for specific items or experiences.

Track Income and Expenses: Teach them to monitor their money in a simple notebook or app.

Set Spending Limits: Allocate money for various categories and stress the significance of sticking to those limits.

Involve Kids in Decision-Making: Encourage them to contribute ideas during family spending discussions.

Teach Delayed Gratification: Help them understand the satisfaction of achieving long-term goals through saving.

Differentiating Between Needs and Wants:

Lead by Example: Show kids how you prioritize needs over wants in your spending habits.

Teach the Difference: Help kids understand that needs are necessary, while wants are optional.

Encourage Open Communication: Create a safe space for kids to express their desires and needs.

Set Realistic Goals: Assist kids in setting short-term and long-term goals to foster a sense of prioritization.

Fun Ways to Teach Money Management:

Financial Board Games: Games like Monopoly or Life simulate real-life money decisions.

Online Simulations: Virtual platforms like Investopedia offer practical financial experiences.

Entrepreneurship Role-Play: Allow kids to run a mock business to learn about budgeting and decision-making.

Budgeting Challenges: Organize budgeting activities for different scenarios to develop practical skills.

Money-themed Quizzes: Engaging quizzes or trivia games reinforce financial knowledge.

Common Money Management Mistakes Kids Make and How to Avoid Them:

Lack of Saving: Encourage saving by setting clear saving goals.

Impulse Buying: Teach kids to think before making purchases to avoid impulsive spending.

Lack of Budgeting: Introduce kids to budgeting by setting limits for various expenses.

Ignoring the Value of Money: Encourage kids to earn money to understand its value.

Lack of Financial Planning: Teach kids about long-term financial goals and planning for the future.

Resources for Teaching Kids About Money and Budgeting:

Books: Recommended books include "Lemonade in Winter," "The Kids' Money Book," and "A Smart Girl's Guide: Money."

Apps: Useful apps like Greenlight, Savings Spree, and ChoreMonster engage kids in money management.

Online Tools: Websites like Money as You Grow, Khan Academy, and Practical Money Skills offer educational materials and interactive tools.

Avoid Spoiling Your Kids:

Spoiling your kids with expensive gifts and allowances can hinder their ability to understand the value of money. It's essential to teach your child that money is not infinite and that it needs to be earned and saved.

Conclusion:

Teaching kids about money and budgeting from an early age empowers them to make informed financial decisions and fosters responsible spending habits, laying a strong foundation for financial independence and success.

Parenting Tips:

Adolescence:

- Definition: Age range 10 to 19, involving physical, cognitive, and emotional changes.
- Psychological Changes: Identity formation, emotional resilience, and peer dynamics.
- Hormonal Impact: Mood swings, body image concerns, and overall well-being.

Building a Strong Parent-Teen Relationship:

A. Communication:

- Encourage open, honest dialogues.
- Emphasize active listening.

B. Trust and Respect:

- Set clear boundaries.
- Balance independence and guidance.

Emotional Well-being:

- Mood Swings: Encourage open communication.
- Stress and Anxiety: Teach stress management techniques.
- Self-Esteem: Foster a positive self-image.

Education and Academic Success:

A. Supporting Educational Goals:

- Parental involvement in academic pursuits.
- B. Study Habits: Develop effective study habits and time management skills.
- C. Extracurriculars: Encourage diverse interests beyond academics.

Healthy Friendships:

- Emphasize trust, respect, and shared values.
- Discuss effective communication and healthy boundaries.

Technology and Social Media:

- Set guidelines for responsible technology use.
- Address cyberbullying and online safety.

Emotional Support:

- Seek parenting advice for a supportive environment.
- Encourage expression of emotions and seek understanding.

Sex Education:

- Comprehensive education beyond biology.
- Open discussions on consent and communication is essential.

Independence and Responsibilities:

A. Life Skills:

- Teach communication and problem-solving.
- Develop leadership skills.

B. Chores and Household Responsibilities:

- Assign chores for responsibility and teamwork.

C. Financial Literacy:

- Educate on budgeting and financial management.

Encouraging Hobbies and Interests:

- Nurture talents and explore new passions.

Setting Future Goals:

- Establish clear, manageable goals.
- Embrace a proactive mindset for growth.

Conclusion:

- Parenting tips for teenage daughters focus on communication and boundaries.
- They foster trust and healthy development.
- BrightChamps offers robotics, finance, and coding courses for enhanced learning.

Cyber Safety:

The uncharted territory of the internet! But worry not—on February 6, 2024, Safer Internet Day will take place, raising awareness of online safety all year long.

Here are five trusty tips to stay safe while your internet usage:

Fortify Your Passwords: Think of them as your secret hideout. Make them strong, unique, and change them like changing horses on a long ride.

Mind the Phishermen: Watch out for those crafty phishers dangling bait! Be cautious of suspicious links or emails asking for personal info.

Don't bite! Update Your Gear: Yeehaw, partner! Keep your software, apps, and security tools updated. It's like giving your cyber-horse new shoes for a smoother ride.

Privacy Posse: Wrangle your privacy settings. Limit who can see your info and corral those permissions tighter than a rancher guards their herd.

Trailblaze Responsibly: Remember, what you post or write onto the internet stays there. Be kind, be respectful, and think before you hit the 'send' button.

Let's make every day a Safer Internet Day and riding the web range safely and securely!

Safer Internet Day Awareness Quiz for Young Cyber Explorers

Question 1: What should you do if someone you don't know tries to be your online friend or asks for personal information? a) Accept their friend request b) Share your personal information c) Tell a trusted adult

Question 2: How often should you change your passwords? a) Never b) Once a year c) Regularly, like changing your toothbrush

Question 3: What is private information that should not be shared online? a) Favorite cartoon character b) Home address and phone number c) Favorite ice cream flavor

Question 4: If you see something online that makes you feel uncomfortable or scared, what should you do? a) Keep it to yourself b) Share it with everyone c) Tell a trusted adult right away

Question 5: What should you do before clicking on a link or opening an email from someone you don't know? a) Click on it immediately b) Ask your friends to check it first c) Check with a trusted adult

Question 6: What's the best way to treat others online? a) Be mean and tease others b) Ignore everyone c) Be kind and respectful to everyone

Question 7: True or False: It's okay to share your passwords with your friends.

Question 8: Why is it important to keep some things private online?

Answers:-

1. C) Tell a trusted adult.
2. c) Regularly, like changing your toothbrush.
3. b) Home address and phone number
4. c) Tell a trusted adult right away.
5. c) Check with a trusted adult.
6. c) Be kind and respectful to everyone.
7. False
8. It's important to keep certain information private online to safeguard your safety and privacy. Sharing too much personal information can make you vulnerable to identity theft, cyberbullying, or other online dangers. Maintaining privacy helps protect yourself and your personal data from potential harm.

Student's Corner

Insects

Benefits of detriments

Insects belonging to the phylum Arthropod are a boon and bane to the ecosystem. They are aquatic, semi-aquatic, and terrestrial. These insects play different roles in their varied habitats.

The roles of insects in their ecosystem are

- i) Decomposition
- ii) Pest control
- iii) Nourishment for animals
- iv) Pollination

i) Decomposition
Ever wondered where the corpses of animals go in the forest? The answer to that is they are eaten up by insects and microorganisms. Insects like cockroaches, isopods, millipedes, termites, etc. are responsible for the decomposition of the organisms as they feed upon them which breaks them up into water and carbon dioxide, simple compounds containing nitrogen, phosphorous, and Calcium. These are used as manure or growth supplements for the plants.

ii) Pest control

Insects such as tarantulas and mantis are carnivorous or rather, insectivores meaning they mainly feast upon other insects. Their primary food is insects smaller than them and most smaller insects are usually pests. These insects keep a check and control the population of the pests.

III) Nourishment for animals

Commonly, insects are food for many organisms like insectivorous plants small mammals, birds, fishes, reptiles, etc. Generally, insects eat veggies or rather plants, which makes them a good source of nutrition so they are consumed.

IV) Pollination

Insects such as bees, and butterflies help in the pollination of the plants. Insects when they sit on a flower, pollen grains stick onto them. The pollen grains are transferred to another flower while they sit on it. This way, insects help in the growth of some plants.



A. S. KRISHNA
III A1



M. RAGUNATHAN
III A1



S. SANGAVI
II A1



M. A. AKSHITHA
VA1



U. P. NITHYASRI
VIII A1

Awareness Quiz:

1. Digital Courtesy: What's a polite way to respond to someone who messages you but you're busy at the moment?

- A) Ignore the message
- B) Respond when you're free
- C) Reply with a short message, dismissive message.

2. Interrupting Etiquette: You're in a conversation and have something to say. What's the best approach?

- A) Wait for the person to finish speaking, then talk
- B) Talk over them to share your point immediately
- C) Politely ask them to stop talking so you can speak

3. Gratitude Practice: After receiving a gift, what's the most courteous action?

- A) Keep it without acknowledging receipt
- B) Send a quick thank-you message
- C) Return it if you don't like it

4. Punctuality Priority: You're meeting friends at 2 PM. When should you arrive?

- A) Around 2 PM
- B) 15-20 minutes after 2 PM
- C) 5-10 minutes before 2 PM

5. Environmental Consciousness: What should you do with your trash after a picnic in the park?

- A) Leave it behind; someone else will clean it
- B) Throw it in a nearby trash bin
- C) Bury it in the ground Inclusive

6. Behavior: You're playing a game and someone new wants to join. What's the right thing to do?

- A) Ignore them
- B) Make them feel welcome and include them
- C) Ask them to leave

7. Greeting Etiquette: How should you greet someone you've just met?

- A) Avoid eye contact and stay silent
- B) Smile and say hello
- C) Criticize their appearance

8. Cultural Respect: You're visiting a foreign country. What should you do before engaging in local customs?

- A) Ignore their customs; stick to your own
- B) Learn about their customs and show respect
- C) Mock their customs for entertainment

9. Apology Manners: What's a proper apology for accidentally bumping into someone?

- A) Keep walking without saying anything
- B) Glare at them for being in your way
- C) Say "I'm sorry" or "Excuse me"

10. Listening Attentively: How can you show you're actively listening to someone?

- A) Constantly interrupt with your opinions
- B) Nod and make eye contact
- C) Look around and check your phone frequently

Answers:-

1. B) Respond when you're free
2. A) Wait for the person to finish speaking, then talk
3. B) Send a quick thank-you message
4. C) 5-10 minutes before 2 PM
5. B) Throw it in a nearby trash bin
6. B) Make them feel welcome and include them
7. B) Smile and say hello
8. B) Learn about their customs and show respect
9. C) Say "I'm sorry" or "Excuse me"
10. B) Nod and make eye contact